

JUNE SUMMER MENU MENU

Monday Wk 1 6-1

Tuesday Wk 1 6-2

Wednesday Wk 1 6-3

Thursday Wk 1 6-4

Friday Wk 1 6-4

Healthy Choice / Entrée	Baked Stuff Fish	Scrimp Scampie	Grilled Chicken Breast	Baked Spaghetti	Chicken & Dumpling
Entrée	Chicken Pot Pie	Fried Pork Chop	Liver & Onions	Fried Chicken Legs	Fried Fish
Entrée					
Healthy Choice/ Side	Steamed Cabbage	Turnip Greens	Collard Greens	Steamed Cabbage	Rutabagas
Side/Vegetable	Glazed Carrots	Mixed Squash	Blackeyes Peas	Lima Beans	Turnip Greens
Side/Vegetable	Fresh Green Beans	Pinto Beans	Peas & Carrots	Carrot SOUFFLE	Navy Beans
Side/Starch	Yellow Rice	White Rice	Mashed Potato	Mac & Cheese	Broccoli & Rice Casserole
Healthy Choice/ Fruit	Apple (Medium)	Fresh Strawberries	Cantalope	Banana	Fresh Peaches
Side/Salads	Tossed Spring Salad	Carrot Salad	Cesar Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Cucumber Salad	Broccoli Salad	Neptune Salad	Spiced Beets	Potato Salad
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Cobbler	Lemon Icebox
Dessert	Sweet Potato Pie	Sugar Free Apple Pie	Buttermilk Cheese	Apple Pie	Pecan Pie
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake

Summer MENU

	Monday Wk 2 6-8	Tuesday Wk 2/6-9	Wednesday Wk 2/6-10	Thursday Wk 2/6-11	Friday Wk 2/6-12
Healthy Choice / Entrée	Fried Chicken Tenders	Hot Turkey & Cheese Croissant	Beef Liver/Onions	Baked Spaghetti	Fried Fish
Entrée	Smothered Pork Chop	Lemon Pepper Chicken Wings	Baked Ham	Fried Chicken	Patty Melts
Entrée					
Healthy Choice/ Side	Brussel Sprouts	Turnip Greens	Broccoli	Cabbage	Green Beans
Side/Vegetable	Cabbage	Smothered Okra	Cornbread Dressing	Yellow Rice	Carrot Souffle
Side/Vegetable	Mixed Vegetable	Buttered Carrots	Green Beans	Steamed Broccoli	Turnip Green
Side/Starch	Mashed Potato	White Rice	Yams	Mash Potatoes	White Rice
Healthy Choice/ Fruit	Apple (Medium)	Cantalope	Banana	Fresh Peaches	Orange
Side/Salads	Broccoli Madeline	Tossed Spring Salad	Cucumber Salad	Tossed Spring Salad	Ceasar Salad
Side/Salads	Carrot Raisin Salad	Neptune Salad	Italian Rotino	Broccoli Madeline	Tomato Cucumber Salad
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Dessert	Cobbler	Bread Pudding	Cobbler	Cobbler	Icebox Pie
Dessert	Red Velvet Cake/Sweet Potato Pie	Italian Cream Cake /Sugar Free Apple Pie	Red Velvet Cake/ Buttermilk Chess	Italian Cream Cake/Apple Pie	Red Velvet Cake/Pecan Pie

Summer MENU

Monday Wk 3-6-15

Tuesday Wk 3/6-16

Wednesday Wk 3/6-17

Thursday Wk 3/6-18

Friday Wk 3/6-19

Healthy Choice / Entrée	Chicken Parmesan	Chicken Quasadillas	Smsothered Pork Loin	Baked Spaghetti	Fried Fish
Entrée	Cheese Burger Casserole	Turkey and Dressing	Beef Liver & Onions	Fried Chicken	Seafood Eggroll
Entrée					
Healthy Choice/Side	Turnip Greens	Collard Greens	Steamed Cabbage	Smothered Okra	Cabbages
Side/Vegetable	Penna Pasta w/ Marinara Sauce	Yellow Rice	Baked Sweet Potato	Green Beans	Blackeyed Peas
Side/Vegetable	Squash Casserole	Navy Beans	Pinto Beans	Mixed Squash	Lima Beans
Side/Starch	Buttered Corn	Corn on the Cob	White Rice	Mashed Potato	Carrot Souffle
Side/Salads	Blackeyes Peas	Tossed Spring Salad	Ceasar Salad	Tossed Spring Salad	Caesar Salad
Healthy Choice/Fruit	Apple (Medium)	Fresh Peaches	Fresh Strawberries	Tossed Spring Salad	Banana
Side/Salads	Toss Salad/Beets	Neptune Salad	Italian Rotino	Broccoli Salad Salad	Cole Slaw
Bread	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Dessert	Cobbler	Bread Pudding	Cobbler	Cobbler	Cobbler
Dessert	Sweet Potato Pie	Sugar Free Apple Pie	Buttermilk Cheese	Apple Pie	Lemon Icebox
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Cheesecake	Red Velvet Cake

Summer MENU

Monday Wk 4 /6-22

Tuesday Wk 4/6-23

Wednesday Wk 4/6-24

Thursday Wk 4/6-25

Friday Wk 4/6-26

Healthy Choice / Entrée	Baked Chicken	Sweet & Sour Pork	Meat Loaf	Spaghetti Baked Italian	Fried Fish
Entrée	Meatballs & Brown Gravy	Chicken Tetrazini	Liver & Onions	Fried Chicken	Chicken Tetrazini
Entrée					
Healthy Choice/ Side	Turnip Greens	Steamed Cabbage	Turnip Greens	Collard Greens	Broccoli
Side/Vegetable	Black-Eyed Peas	Fried Okra	Peas & carrots	Corn on the Cob	Cabbages
Side/Vegetable	Cabbage	Grill Veggies	Yellow Corn	Pinto Beans	Carrot Souffle
Side/Starch	Mac & Cheese	White Rice	Broccoli & Rice Casserole	Fried Rice	Mashed Potato
Side/Salads	Tossed Spring Salad	Green Beans	Ceasar Salad	Toss Salad	Tossed Spring Salad
Healthy Choice/ Fruit	Apple (Medium)	Cantalope	Banana	Fresh Peaches	Banana
Side/Salads	Carrot Raisin Salad	Potato Salad/Beets	Toss Salad Oranges Wedges	Fresh Fruit Cups	Grapefruit Wedges
Bread	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick
Hot Dessert	Cobbler	Cobbler	Bread Pudding	Cobbler	Cobbler
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet	Chocolate Cake	Yellow Cake
Dessert	Sweet Potato Pie	Sugar Free Apple Pie	Buttermilk Cheese	Apple Pie	Lemon Icebox