



Flint River Community Center

• Address 153 Flint River Road, Riverdale, Georgia 30274

• Phone Number (770) 347-0370

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1
CRAFT CREATIONS
11:00AM - 1:00PM
(SENIORS)
CARD NIGHT 5:00PM - 8:00PM



2
STORY TIME: GREEN EGGS & HAM
5:30PM - 6:30PM
(YOUTH)



3
PURPLE RAIN DINNER DANCE
6:00PM - 9:00PM
(SENIORS)



6



7
MAIN EVENT ENTERTAINMENT
10:00AM - 3:00PM
(SENIORS)



8
PRECISE PAINTING
5:00PM - 6:00PM
(TEENS)
CARD NIGHT 5:00PM - 8:00PM



9
GENEALOGY: DISCOVER YOUR FAMILY HISTORY
11:00AM - 12:00PM
(SENIORS)

10
FAMILY FITNESS BINGO
5:00PM - 6:00PM
(FAMILY)

11



13



14
NORTH GEORGIA PREMIUM OUTLETS
10:00AM - 3:00PM
(SENIORS & ADULTS)



15
FOUR SQUARE GAME DAY
5:00PM - 6:00PM
(TEENS)
CARD NIGHT 5:00PM - 8:00PM

16



17
GET YOUR IRISH ON
6:00PM - 7:00PM
(INTERGENERATIONAL)



18



20



21
AMISH CULTURE
4:00PM - 5:00PM
(FAMILY)



22
HARRAH'S CHEROKEE CASINO
8:30AM - 8:30PM
(SENIORS & ADULTS)
TIE DYE DAY
5:00PM - 6:00PM
(TEENS)
CARD NIGHT 5:00PM - 8:00PM



23

REGISTRATION
BEGINS
ETIQUETTE
5:30PM - 6:30PM
(INTERGENERATIONAL)

24



25
WINTERFEST:
HITZ CITY BAND
7:00PM - 9:00PM
(ADULTS & SENIORS)



27

ICE CREAM SOCIAL
6:00PM - 8:00PM
(ALL AGES)
MONDAY MADNESS BINGO
2:00PM - 3:30PM
(SENIORS)



28

GOSPEL CHOIR CONCERT
7:00PM - 9:00PM
(ALL AGES)



29

CARD NIGHT 5:00PM - 8:00PM

30

WILD'N OUT PARTY
6:00PM - 8:00PM
(TEENS)



31

MAGIC SHOW
7:00PM - 9:00PM
(FAMILY)



ANNIVERSARY WEEK & BREAK WEEK

2023 . MARCH

Schedule is
subject to
change.

Kinship Care Resource Center
849 Battle Creek Road
Jonesboro, GA 30236
770-473-5788

MARCH 2023

Legend

(A) Adult Program
(Y) Youth Program
(T) Teen Program
(F) Family Program

SNS platform in []. Ex. [Facebook]



CLAYTON
COUNTY • GEORGIA

Cc: Clayton connected

Senior Services

Monday	Tuesday	Wednesday	Thursday	Friday
Intakes by appointment only; please call to schedule. Dates for activities, classes, & events are liable to change.		1 Intro to Embroidery (T) 4:30pm-6pm [In Person]	2 Japanese Language Class (T) 5pm-6pm [In Person/Zoom]	3
6 GeriFit (A) 9:30a-10:15am [In Person/Zoom] Food Talk (A) 11am-12pm [In Person/Zoom]	7 Butterfly Project (A) 10am-11am [In Person/Zoom] Quilting (A) 10am-1pm [In Person] PASTA (A) [Class 5/8] 4pm-6pm [In Person/Zoom]	8 Computer Literacy (A) 10:30am-11:30am [In Person/Zoom]	9 Fruit Pizza (Y) 5pm-6pm [In Person] Shrinky Dinks (T) 5pm-6pm [In Person]	10 Advisory Board Meeting (A) 9:30am-10:30am [In Person/Zoom] Breakfast & Adult Support Group 10:30am –12pm [In Person/Zoom]
13 GeriFit (A) 9:30a-10:15am [In Person/Zoom]	14 Butterfly Project (A) 10am-11am [In Person/Zoom] Quilting (A) 10am-1pm [In Person] PASTA (A) [Class 6/8] 4pm-6pm [In Person/Zoom]	15 Computer Literacy (A) 10:30am-11:30am [In Person/Zoom]	16 Animated Dreams (Y) 4:30pm-6pm [In Person only] Just Dance (T) 5pm-6pm [In Person/Zoom] At Your Service (A) 4:30pm-6pm [In Person only]	17 Evening Support Group (A,T,Y) 5pm-6pm [In Person/Zoom]
20 GeriFit (A) 9:30a-10:15am [In Person/Zoom]	21 Butterfly Project (A) 10am-11am [In Person/Zoom] Quilting (A) 10am-1pm [In Person] PASTA (A) [Class 7/8] 4pm-6pm [In Person/Zoom]	22	23	24 Mardi Gras Parade & Festival (F) 4:30pm-6:30pm [Registration required]
27 GeriFit (A) 9:30a-10:15am [In Person/Zoom]	28 Butterfly Project (A) 10am-11am [In Person/Zoom] Quilting (A) 10am-1pm [In Person] PASTA (A) [Class 8/8] 4pm-6pm [In Person/Zoom]	29	30 Taekwondo (Y) 5:00pm-6:00pm [In Person]	31 Advisory Board Meeting (A) 9:30am-10:30am [In Person/Zoom] Breakfast & Adult Support Group 10:30am –12pm [In Person/Zoom] Tutoring Orientation & Registration (F) 4pm-6pm [In Person Only]

Register for Kinship events, activities & classes at MyActiveCenter.com!

Building Hours: 8:30am-6:30pm

Frank Bailey Senior Center ~ March 2023

Winter Session II

Registration Dates
Opens: February 6, 2023
Closes: February 24, 2023



Class Schedule 5—Week Session
Classes Start: February 20, 2023
Classes End: March 24, 2023

Website:
www.claytonseniors.com

Registration Online at:
www.myactivecenter.com

Ph: 678.479.5505

St. Patrick's Day
Celebration
(All GREEN Affair)
2:00– 4:00 PM

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10:00 AM Family Feud Game 10:00 AM "Healthy Eating on a Budget" 1:00 PM Sculpting w/clay 1:00 PM Healthy Talk	2 9:30 AM Breakfast & Staff 10:00 AM Duplicate Bridge (Intr.) 1:00 PM Jewelry Making 2-4:00 PM Duplicate Bridge (Lab)	3 9:30AM Bingo 10:00 AM Wii Game 10:30 AM Therapeutic Art
6 10:30AM Therapeutic Art	7 9:00 AM Crochet Class 9:30 AM Breakfast & Staff 10:00 AM Craft Made Simple 10:00 AM Word Game 10:30 AM Better You (UGA)	8  9:30AM Walmart Shopping Trip 10:00 AM Family Feud Game 1:00 PM Sculpting w/clay 1:00 PM Healthy Talk	9 9:30 AM Breakfast & Staff 10:00 AM Duplicate Bridge (Intr.) 1:00 PM Jewelry Making 2-4:00 PM Duplicate Bridge (Lab)	10 9:30AM Bingo 10:00 AM Wii Game 10:30 AM Therapeutic Art
13 10:30AM Therapeutic Art	14 9:00 AM Crochet Class 9:30 AM Breakfast & Staff 10:00 AM Craft Made Simple 10:00 AM Word Game 10:30AM Better You (UGA) 1:00 PM Book Club	15 10:00AM Balancing Act w/Southern Regional Medical Center 10:00 AM Family Feud Game 1:00 PM Sculpting w/clay 1:00 PM Healthy Talk	16 9:30 AM Breakfast & Staff 10:00 AM Duplicate Bridge (Intr.) 10:30 AM Nutrition Education w/Oak Street Health 1:00 PM Jewelry Making 2-4:00 PM Duplicate Bridge (Lab) 6-7:00 PM Caregivers Support	17 9:30AM Bingo 10:00 AM Wii Game 10:30 AM Therapeutic Art 2:00-4:PM St. Patrick's Day Celebration (All GREEN Affair)
20 10:30AM Therapeutic Art	21 9:00 AM Crochet Class 9:30 AM Breakfast & Staff 10:00 AM Driftwood Art 10:00 AM Craft Made Simple 10:00 AM Word Game 10:30AM Better You (UGA) 1:30 PM Poison Prevention Tips	22 8:00 AM Panola Mountain State Park– Trip  9:30 AM Kroger Shopping Trip 10:00 AM Family Feud Game 1:00 PM Sculpting w/clay 1:00 PM Healthy Talk	23 9:30 AM Breakfast & Staff 10:00 AM Duplicate Bridge (Intr.) 1:00 PM Jewelry Making 3:30 PM Bid Whist Tournament 2-4:00 PM Duplicate Bridge (Lab)	24 9:30AM Bingo 10:00 AM Wii Game 10:30 AM Therapeutic Art
27 BREAK WEEK	28 10:30 AM Better You (UGA) BREAK WEEK	29 8:30 AM Power Walk at Lake Spivey Park Trip BREAK WEEK	30 2:00 PM Billiards Tournament BREAK WEEK	31 BREAK WEEK



Cc: Clayton connected

Senior Services

Classes

Water Fitness I

Mon & Thurs 9 am—9:45am

Water Fitness II

Mon & Thurs 10:15 am—11:00am

Water Fitness III

Mon & Thurs—2:00-2:45pm

Water Walking

Fri 2:45-3:30pm

Beginning Swim 1

Tues/Fri 10:15am-11:00am

Beginning Swim 2

Tues/Thurs 1pm-1:45pm

Intermediate Swim

Tues/Thurs 11:30am - 12:15pm

Aqua Volleyball

Friday's 11:00am - 11:45am

Men's Boot Camp

Friday-1:00-1:45pm

LAP SWIMMING

Mon-12:45-1:45pm

Tue- 8:30-9:30am

Wed-11:00am-12:00pm

March Pool Calendar is

Subject to change

Please Call to Confirm times

Frank Bailey Aquatics

March 2023


Monday	Tuesday	Wednesday	Thursday	Friday
		1 8:30-10:00 Open Swim 11:00-12:00 Lap Swim 1:15-2:30 Open Swim 3:00-4:30 Open Swim	2 9:00-9:45 Water Fitness I 10:15-11:00 Water Fitness II 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 2:00-2:45 Water Fitness III 3:30-4:30 Open Swim 5:00-6:30 Open Swim	3 8:30-10:00 Open Swim 10:15-11:00 Beginning Swim 11:00-12:00 Aqua Volleyball 1:00-1:45 Men's Boot Camp 2:45-3:30 Water Walking 3:30-4:30 Open Swim
6 9:00-9:45am Water Fitness I 10:15-11:00am Water Fitness II 12:45-1:45pm Lap Swim 2:00-2:45pm Water Fitness III 3:00-4:30pm Open Swim	7 8:30-9:30 Lap Swim 10:15-11:00 Beginning Swim 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 3:00-4:30 Open Swim	8 8:30-10:00 Open Swim 11:00-12:00 Lap Swim 1:15-2:30 Open Swim 3:00-4:30 Open Swim	9 9:00-9:45 Water Fitness I 10:15-11:00 Water Fitness II 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 2:00-2:45 Water Fitness III 3:30-4:30 Open Swim 5:00-6:30 Open Swim	10 8:30-10:00 Open Swim 10:15-11:00 Beginning Swim 11:00-12:00 Aqua Volleyball 1:00-1:45 Men's Boot Camp 2:45-3:30 Water Walking 3:30-4:30 Open Swim
13 9:00-9:45am Water Fitness I 10:15-11:00am Water Fitness II 12:45-1:45pm Lap Swim 2:00-2:45pm Water Fitness III 3:00-4:30pm Open Swim	14 8:30-9:30 Lap Swim 10:15-11:00 Beginning Swim 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 3:00-4:30 Open Swim	15 8:30-10:00 Open Swim 11:00-12:00 Lap Swim 1:15-2:30 Open Swim 3:00-4:30 Open Swim	16 9:00-9:45 Water Fitness I 10:15-11:00 Water Fitness II 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 2:00-2:45 Water Fitness III 3:30-4:30 Open Swim 5:00-6:30 Open Swim	17 8:30-10:00 Open Swim 10:15-11:00 Beginning Swim 11:00-12:00 Aqua Volleyball 1:00-1:45 Men's Boot Camp 2:45-3:30 Water Walking 3:30-4:30 Open Swim
20 9:00-9:45am Water Fitness I 10:15-11:00am Water Fitness II 12:45-1:45pm Lap Swim 2:00-2:45pm Water Fitness III 3:00-4:30pm Open Swim	21 8:30-9:30 Lap Swim 10:00-11:30 Open Swim 12:00-1:00 Open Swim 1:30-2:30 Lap Swim 3:00-4:30 Open Swim	22 8:30-10:00 Open Swim 11:00-12:00 Lap Swim 1:15-2:30 Open Swim 3:00-4:30 Open Swim	23 9:00-9:45 Water Fitness I 10:15-11:00 Water Fitness II 11:00-12:00 Lap Swim 2:00-2:45 Water Fitness III 3:00-4:30 Open Swim 5:00-6:30 Open Swim	24 8:30-10:00 Open Swim 11:00-12:00 Aqua Volleyball 1:30-2:30 Lap Swim 3:00-4:30 Open Swim
27 8:30-9:30 Lap Swim 10:00-11:30 Open Swim 12:00-1:00 Open Swim 1:30-2:30 Lap Swim 3:00-4:30 Open Swim Break Week	28 8:30-9:30 Lap Swim 10:15-11:00 Beginning Swim 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 3:00-4:30 Open Swim Break Week	29 8:30-9:30 Lap Swim 10:00-11:30 Open Swim 12:00-1:00 Open Swim 1:30-2:30 Lap Swim 3:00-4:30 Open Swim Break Week	30 8:30-9:30 Lap Swim 10:00-11:30 Open Swim 11:30-12:15 Intermediate Swim 1:00-1:45 Beginning Swim 3:00-4:30 Open Swim 5:00-6:30 Open Swim Break Week	31 8:30-10:00 Open Swim 10:15-11:00 Beginning Swim 11:00-12:00 Lap Swim 1:00-1:45 Men's Boot Camp 2:45-3:30 Water Walking 3:30-4:30 Open Swim Break Week


FRANK BAILEY AQUATICS

2023

MARCH 2023 Calendar

Highlighted Events:

 **Pardi Gras Celebration**
Friday, March 3, 2023
2:00PM- 04:00PM

 **St. Patrick's Day Festival**
Thursday, March 16, 2023
2:00PM- 04:00PM

J Charley Griswell
SENIOR CENTER

MON	TUE	WED	THU	FRI	SAT
 Senior Services		01	02 Morning Fitness 9:30am-10:00am	03 Morning Fitness 9:30am-10:00am Pardi Gras Celebration 2:00PM- 04:30PM 	04
06	07 Trip: Center for Puppetry Arts & Lunch Morning Fitness 9:30am - 10:00am	08 Grocery Shopping Trip Departure: 9:30AM  International Women's History Day 2:00PM-4:00PM	09 Morning Fitness 9:30am - 10:00am	10 Morning Fitness 9:30am - 10:00am	11
13  Cell Phone 101 2:30pm - 3:00pm	14 Morning Fitness 9:30am-10:00am	15	16 Morning Fitness 9:30am - 10:00am St. Patrick's Day Festival 2:00PM- 04:00PM Red Hatters Meeting 2:00pm 3D Thursday 2:00pm - 3:00pm 	17 Morning Fitness 9:30am-10:00am Living Single Social Group 2:30pm-3:00pm	18
20  iPad & Tablet Workshop 3:00pm - 4:30pm	21 Morning Fitness 9:30am - 10:00am	22 Grocery Shopping Trip Departure: 9:30AM  Peace Love & Art String 2:00PM- 03:00PM	23 Morning Fitness 9:30am - 10:00am	24 Morning Fitness 9:30am-10:00am *Classes End	25
27 BREAK WEEK	28 Morning Fitness 9:30am - 10:00am  Trip: IPIC Theater	29	30 Morning Fitness 9:30am - 10:00am	31 Morning Fitness 9:30am-10:00am	
	 SIP & PAINT 2:00PM- 03:00PM		STROKE AWARENESS 10:00AM- 11:00AM 		

J. Charley Griswell March Pool Calendar 2023

J. CHARLEY GRISWELL
SENIOR CENTER
2300 HIGHWAY 138, S.E.
JONESBORO, GA. 30236
(770) 477- 3499
WWW.CLAYTONSENIORS.COM
CENTER HOURS:
MONDAYS
8:00 AM - 7:45 PM
TUESDAYS-FRIDAYS
8:00 AM - 5:00 PM

OPEN SWIM TIMES ARE
SUBJECT TO CHANGE.
PLEASE CALL AHEAD TO
CHECK TIMES.
POOL TEMPERATURE
REMAINS BETWEEN 83
AND 86 DEGREES IN
COMPLIANCE WITH THE
ARTHRITIS FOUNDATION.

FITNESS ROOM
HOURS
OPEN DAILY FROM
8:00 AM —12:00 PM
&
1:00 PM—4:30 PM
OPEN MONDAYS
UNTIL 7:30 PM

Monday



Tuesday



Wednesday

Thursday

Friday

06
8:10-8:45 OPEN POOL
1:10-3:00 OPEN POOL
3:30-4:30 OPEN POOL
5:00-6:30 OPEN POOL

07
8:10-9:00 OPEN POOL
2:30-4:00 OPEN POOL

08
8:10-9:00 OPEN POOL
2:00-4:00 OPEN POOL

09
8:10-9:00 OPEN POOL
2:00-4:00 OPEN POOL

10
8:10-8:45 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

13
8:10-8:45 OPEN POOL
1:10-3:00 OPEN POOL
3:30-4:30 OPEN POOL
5:00-6:30 OPEN POOL

14
8:10-9:00 OPEN POOL
2:30-4:00 OPEN POOL

15
8:10-9:00 OPEN POOL
2:00-4:00 OPEN POOL

16
8:10-9:00 OPEN POOL
2:00-4:00 OPEN POOL

17
8:10-8:45 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

20
8:10-8:45 OPEN POOL
1:10-3:00 OPEN POOL
3:30-4:30 OPEN POOL
5:00-6:30 OPEN POOL

21
8:10-9:00 OPEN POOL
2:30-4:00 OPEN POOL

22
8:10-8:45 OPEN POOL
2:00-3:00 OPEN POOL

23
8:10-9:00 OPEN POOL
2:00-4:00 OPEN POOL

24
8:10-8:45 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

27 BREAK WEEK
8:10-9:30 OPEN POOL
10:00-10:30 **SWIM LAP**
10:30-12:00 OPEN POOL
1:10-3:00 OPEN POOL
3:30-4:30 OPEN POOL
5:00-6:30 OPEN POOL

28 BREAK WEEK
8:10-9:30 OPEN POOL
10:00-10:30 **SWIM LAP**
10:30-12:00 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

29 BREAK WEEK
8:10-9:30 OPEN POOL
10:00-10:30 **SWIM LAP**
10:30-12:00 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

30 BREAK WEEK
8:10-9:30 OPEN POOL
10:00-10:30 **SWIM LAP**
10:30-12:00 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

31 BREAK WEEK
8:10-9:30 OPEN POOL
10:00-10:30 **SWIM LAP**
10:30-12:00 OPEN POOL
1:10-2:30 OPEN POOL
3:00-4:00 OPEN POOL

Open Swim times are subject to change. PLEASE call ahead to check times

Sonna Singleton Gregory Senior Center

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Nutrition Education 10:30 AM - 11:00 AM Use your Aqua Noodle 10:30 AM - 11:30 AM	2	3 Pop-UP Friday Info. on Safety And Security 2:00 PM - 5:00 PM
6	7 All Fired Up Trip 10:00 AM - 3:00 PM Advisory Board Meals 5:00 PM - 7:00 PM	8 PositiviTea Talk 10:00 AM - 11:00 AM International Women's Day Stroll 1:30 pm-3:30 pm Southern Regional "Balancing Act" 10:30 AM - 11:30 AM	9 Book Club 10:30 AM - 11:30 AM Red Hatters 12:30 PM - 2:00 PM	10 Midfulness 2:00 PM - 3:00 PM
13	14 Advisory Board Bingo 5:00 PM - 7:00 PM	15 Nutrition Education 10:30 AM - 11:00 AM	16 	17 Holistic Health and Fitness 2:00 PM - 3:00 PM
20  <i>Registration Begins</i>	21	22 Ways to Stay Vigilant CCPD 10:00 AM - 11:00 AM	23 FOCUS Table 2:00 PM - 3:00 PM Advisory Board Meeting 3:00 PM - 4:00 PM Men's Focus Group 3:00 PM - 4:00 PM	24
27 <i>Break Week Begins</i>	28 Pickleball Plus Trip 9:30 AM - 2:00 PM	29 Musical Therapy 10:00 AM - 11:30 AM	30	31 <i>Break Week Ends</i>



REMINDERS:

A Steppers Delight Line Dance Competition
 Saturday, March 25 2023
 10:00 AM - 2:00 PM

Ready, Set, GO!
 Run/Walk Club
 Every Tues-Thurs @ 8:30 AM and 3:30 PM

Life Enrichment Club
 Mondays
 2:30 pm- 3:30 pm

In The Loop
 March 1st and 8th
 2:30 PM - 3:30 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>(LAP SWIM TIMES IN PARENTHESIS)</div>		1 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30-3:30 (4:00-4:40)	2 8:30a.m.—9:30a.m. (10:00a.m.—10:30a.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)	3 8:30a.m.—9:30a.m (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)
		6 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30a.m.—3:30p.m. (4:00p.m.—4:40p.m.)	7 8:30a.m.—9:30a.m. (4:00p.m.—4:40p.m.) 4:50p.m.—5:30p.m.	8 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30p.m.-3:30p.m. (4:00p.m.-4:40p.m.)
13 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30a.m.—3:30p.m.	14 8:30a.m.—9:30a.m. (4:00p.m.—4:40p.m.) 4:50p.m.—5:30p.m.	15 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30-3:30 (4:00-4:40)	16 8:30a.m.—9:30a.m. (10:00a.m.—10:30a.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)	17 8:30a.m.—9:30a.m (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)
20 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30a.m.—3:30p.m. (4:00p.m.—4:40p.m.)	21 8:30a.m.—9:30a.m. (4:00p.m.—4:40p.m.) 4:50p.m.—5:30p.m.	22 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30-3:30 (4:00-4:40)	23 8:30a.m.—9:30a.m. (10:00a.m.—10:30a.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)	24 8:30a.m.—9:30a.m (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)
27 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30a.m.—3:30p.m. (4:00p.m.—4:40p.m.)	28 8:30a.m.—9:30a.m. (4:00p.m.—4:40p.m.) 4:50p.m.—5:30p.m.	29 8:30a.m.—9:30a.m. (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30-3:30 (4:00-4:40)	8:30a.m.—9:30a.m. (10:00a.m.—10:30a.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)	24 8:30a.m.—9:30a.m (1:00p.m.—1:30p.m.) (1:30p.m.—2:00p.m.) 2:30p.m.—3:30p.m. (4:00p.m.—4:40p.m.)
Break Week				

Sonna Singleton Gregory
Senior Center

March 2023

Open & Lap Swim Schedule

3215 Anvil Block Road
Ellenwood, GA 30294
770.347.0340

www.claytonseniors.com

Open and Lap Swim
Subject to Change

Fitness and Pool
Orientation
Required Prior to
Swimming

Aquatic Shoes Required

Showering is mandatory
before entering the pool.

See management if you
have questions or
concerns.

