



Clayton County
Senior Services
Department
changing the face of aging

CLAYTON COUNTY SENIOR SERVICES DEPARTMENT

PRESS RELEASE

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**FOR IMMEDIATE
RELEASE**

April 1, 2019

Connect, Create, Contribute: Senior Services Department to Host Annual Mayfest

RIVERDALE — Clayton County Senior Services Department will host its annual Mayfest event in honor of Older American's Month on May 17 from 10 a.m. until 2 p.m. The event will take place at the Gerald Matthews Complex, located at 1935 McDonough Road in Hampton.

"The purpose of Mayfest is to celebrate, honor and show our deepest appreciation for seniors who are 55 and older," Senior Services Director Tori Strawter-Tanks said. "Seniors should come to let their hair down, dance, party and enjoy the well thought-out activities our staff put together for their enjoyment."

Mayfest is a health and fitness event that connects Clayton County's senior adults with health vendors, live entertainment, give-a-ways, a competitive fitness walk, demonstrations of fitness classes and various performances. Last year's event was a huge success with over 1200 seniors in attendance. This year Kaiser Permanente, Anthem BlueCross BlueShield, Humana and Southern Regional Medical Center are sponsoring the event.

The Fitness Walk competition, with the opportunity for cash prizes, will begin at 9 a.m. Health vendor booths will open at 10 a.m. and remain open throughout the event. A boxed lunch will be served to all participants during the event.

This is a free event for senior adults 55 and older; no children are allowed to attend the event. Mayfest souvenir shirts will also be available for purchase to wear to the event for seven dollars (\$7).

Interested seniors may call (770) 347-0120 or email seniorservices@claytoncountyga.gov for more information. To register, please visit claytonseniors.com.

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