| | 8/1/2022 | 8/2/2022 | 8/3/2022 | 8/4/2022 | 8/5/2022 |
|---|---|---|---|---|---|
| | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Healthy Choice / Entrée** | Baked Fish | Beef Liver & Onions | Chopped Beef | Baked Fish | Grilled Pork Loin |
| **Entrée** | Baked Swiss Steak | Smothered Pork Chop | BBQ Pork | Spaghetti & Meatballs | Southern Fried Fish/French Fries |
| **Entrée** | | Chicken Cacciatore/Rice | Baked Chicken | Turkey & Dressing | BBQ Baked Chicken |
| **Entrée** | Chicken Tenders | | | Fried Chicken | Beef Stroganoff/Rice |
| **Side/Vegetable** | Mashed Potatoes | Macaroni & Cheese | Green Beans | Spinach | Cabbage |
| **Side/Vegetable** | Mixed Vegetables | Buttered Okra | Fried Squash | Broccoli & Rice | Carrot Souffle |
| **Healthy Choice/ Side** | Broccoli | Turnip Greens | Carrots | Pinto Beans | Mixed Vegetables |
| **Healthy Choice/ Side** | Corn | Black-eyed Peas | New Potatoes | Corn | Lima Beans |
| **Healthy Choice/ Fruit/Dessert** | Apple | Orange | Apple | Orange | Apple |
| **Soup** | | | | | |
| **Side/Salads** | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad |
| **Side/Salads** | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad |
| **Side/Salads** | Tuna Salad | | Tuna Salad | | Tuna Salad |
| **Healthy Choice/ Bread** | | | | | |
| **Bread** | Soft Roll/Cornstick | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Cornstick | Soft Roll/Corn Stick |
| **Hot Dessert** | Cobbler | Cobbler | Cobbler | Cobbler | Cobbler |
| **Dessert** | Yellow Cake | Chocolate Cake | Yellow Cake | Chocolate Cake | Yellow Cake |
| **Dessert** | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake |
| **Dessert** | | | | | |
| **Dessert** | | | | | |

| | 8/8/2022 | 8/9/2022 | 8/10/2022 | 8/11/2022 | 8/12/2022 |
|---|---|---|---|---|---|
| | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Healthy Choice / Entrée** | Baked Fish | Beef Liver & Onions | Chopped Beef | Baked Fish | Grilled Pork Loin with Onions & peppers |
| **Entrée** | Chicken Tenders | Baked Fish | | Spaghetti & Meatsauce | Southern Fried Fish/French Fries |
| **Entrée** | Meatloaf | | Hot Dogs & Chili | Turkey & Dressing | Chuck Wagon Stew/Rice |
| **Entrée/Chicken** | | Chicken Tetrazzini | Baked Chicken | Fried Chicken | BBQ Chicken |
| **Side/Vegetable** | Lima Beans | Rice | Mac & Cheese | Broccoli | Carrot Souffle |
| **Side/Vegetable** | Mashed Potatoes | Fried Okra | Green Beans | Sweet Potatoes | Green Beans |
| **Healthy Choice/ Side** | Corn | Black Eyed Peas | Rutabagas | Spinach | Mixed Vegetables |
| **Healthy Choice/ Side** | Broccoli | Turnip Greens | Peas & Carrots | Pinto Beans | Beets |
| **Healthy Choice/ Fruit/Dessert** | Apple | Orange | Apple | Orange | Apple |
| **Soup** | | | | | |
| **Side/Salads** | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad |
| **Side/Salads** | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad |
| **Side/Salads** | Tuna Salad | | Tuna Salad | | Tuna Salad |
| **Healthy Choice/ Bread** | | | | | |
| **Bread** | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick |
| **Hot Dessert** | Cobbler | Cobbler | Cobbler | Cobbler | Cobbler |
| **Dessert** | Yellow Cake | Chocolate Cake | Yellow Cake | Chocolate Cake | Yellow Cake |
| **Dessert** | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake |
| **Dessert** | | | | | |
| **Dessert** | | | | | |

| | 8/15/2022 | 8/16/2022 | 8/17/2022 | 8/18/2022 | 8/19/2022 |
|---|---|---|---|---|---|
| | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Healthy Choice / Entrée** | Grilled Pork Loin | Beef Liver & Onions | Chopped Beef | Baked Fish | Grilled Pork Loin |
| **Entrée** | Baked Swiss Steak | Smothered Pork Chop | BBQ Pork | Spaghetti & Meatballs | Southern Fried Fish |
| **Entrée** | Chicken Tenders | | Baked Chicken | Turkey & Dressing | Beef Stroganoff/Rice |
| **Entrée/Chicken** | | Chicken Cacciatore/Rice | | Fried Chicken | BBQ Chicken |
| **Side/Vegetable** | Peas & Carrots | Macaroni & Cheese | Green Beans | Sweet Potatoes | Carrot Souffle |
| **Side/Vegetable** | Mashed Potatoes | Buttered Okra | Fried Squash | Broccoli & Rice | Cabbage |
| **Healthy Choice/ Side** | Corn | Turnip Greens | New Potatoes | Spinach | Lima Beans |
| **Healthy Choice/ Side** | Broccoli | Black-Eyed Peas | Carrots | Mixed Vegetables | Corn |
| **Healthy Choice/ Fruit/Dessert** | Apple | Orange | Apple | Orange | Apple |
| **Soup** | | | | | |
| **Side/Salads** | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad |
| **Side/Salads** | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad | Fresh Fruit Salad |
| **Side/Salads** | | | | | |
| **Healthy Choice/ Bread** | | | | | |
| **Bread** | Soft Roll/Cornstick | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick |
| **Hot Dessert** | Cobbler | Cobbler | Cobbler | Cobbler | Cobbler |
| **Dessert** | Yellow Cake | Chocolate Cake | Yellow Cake | Chocolate Cake | Yellow Cake |
| **Dessert** | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake |
| **Dessert** | | | | | |
| **Dessert** | | | | | |

| | 8/22/2022 | 8/23/2022 | 8/24/2022 | 8/25/2022 | 8/26/2022 |
|---|---|---|---|---|---|
| | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Healthy Choice / Entrée** | Red Beans & Rice | Liver & Onions | Chopped Beef | Baked Fish | Grilled Pork Loin |
| **Entrée** | Turkey & Dressing | Baked Fish | | Turkey & Dressing | Southern Fried Fish/ French Fries |
| **Entrée** | Meatloaf | | Hot Dogs & Chili | Spaghetti & Meatsauce | Shepherd's Pie |
| **Entrée/Chicken** | Chicken Tenders | Chicken Tetrazzini | Baked Chicken | Fried Chicken | Baked Chicken |
| **Side/Vegetable** | Mashed Potatoes | Pinto Beans | Mashed Potatoes | Broccoli & Rice | Carrot Souffle |
| **Side/Vegetable** | Cabbage | Fried Okra | Green Beans | Mixed Vegetables | Cabbage |
| **Healthy Choice/ Side** | Broccoli | Yellow Rice | Peas & Carrots | Spinach | Broccoli |
| **Healthy Choice/ Side** | Corn | Greens | Broccoli | Corn | Beets |
| **Healthy Choice/ Fruit/Dessert** | Apple | Orange | Apple | Orange | Apple |
| **Soup** | | | | | |
| **Side/Salads** | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad |
| **Side/Salads** | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| **Side/Salads** | | | | | |
| **Healthy Choice/ Bread** | | | | | |
| **Bread** | Soft Roll/Corn Stick | Soft Roll/Cornstick | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick |
| **Hot Dessert** | Cobbler | Cobbler | Cobbler | Cobbler | Cobbler |
| **Dessert** | Yellow Cake | Chocolate Cake | Yellow Cake | Chocolate Cake | Yellow Cake |
| **Dessert** | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake |
| **Dessert** | | | | | |
| **Dessert** | | | | | |

| | Monday | #VALUE! Tuesday | #VALUE! Wednesday | #VALUE! Thursday | #VALUE! Friday |
|---|---|---|---|---|---|
| **Healthy Choice / Entrée** | | | | | |
| **Entrée** | | | | | |
| **Entrée** | | | | | |
| **Entrée/Chicken** | | | | | |
| **Side/Vegetable** | | | | | |
| **Side/Vegetable** | | | | | |
| **Healthy Choice/ Side** | | | | | |
| **Healthy Choice/ Side** | | | | | |
| **Healthy Choice/ Fruit/Dessert** | Apple | Banana | Orange | Apple | Orange |
| **Soup** | | | | | |
| **Side/Salads** | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad | Tossed Spring Salad |
| **Side/Salads** | Fresh Fruit Salad | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit Salad |
| **Side/Salads** | | | | | |
| **Healthy Choice/ Bread** | Apple | Orange | Apple | Orange | Apple |
| **Bread** | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Cornstick | Soft Roll/Corn Stick | Soft Roll/Corn Stick |
| **Hot Dessert** | Cobbler | Cobbler | Cobbler | Cobbler | Cobbler |
| **Dessert** | Yellow Cake | Chocolate Cake | Yellow Cake | Chocolate Cake | Yellow Cake |
| **Dessert** | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake | Italian Cream Cake | Red Velvet Cake |
| **Dessert** | | | | | |
| **Dessert** | | | | | |