



5/30/2022

5/31/2022

6/1/2022

6/2/2022

6/3/2022

Monday

Tuesday

Wednesday

Thursday

Friday

	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice / Entrée	Closed for Memorial Day	Beef Liver with Grilled Onions	Chopped Beef	Baked Fish	Grilled Pork Loin
Entrée		Smothered Pork Chop	BBQ Pork	Spaghetti & Meatballs	Southern Fried Fish/French Fries
Entrée		Chicken Cacciatore/Rice	Baked Chicken	Turkey & Dressing	BBQ Baked Chicken
Entrée				Fried Chicken	Beef Stroganoff/Rice
Side/Vegetable		Macaroni & Cheese	Green Beans	Spinach	Cabbage
Side/Vegetable		Buttered Okra	Fried Squash	Broccoli & Rice	Carrot Souffle
Healthy Choice/ Side		Turnip Greens	Carrots	Pinto Beans	Mixed Vegetables
Healthy Choice/ Side		Black-eyed Peas	New Potatoes	Corn	Lima Beans
Healthy Choice/ Fruit/Dessert		Orange	Apple	Orange	Apple
Soup					
Side/Salads		Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads		Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Side/Salads			Tuna Salad		Tuna Salad
Healthy Choice/ Bread					
Bread		Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick
Hot Dessert		Cobbler	Cobbler	Cobbler	Cobbler
Dessert		Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert		Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert					
Dessert					



6/6/2022

6/7/2022

6/8/2022

6/9/2022

6/10/2022

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Baked Fish	Beef Liver & Onions	Chopped Beef	Baked Fish	Grilled Pork Loin with Onions & peppers
Entrée	Fried Chicken	Baked Fish		Spaghetti & Meatsauce	Southern Fried Fish/French Fries
Entrée	Meatloaf		Hot Dogs & Chili	Turkey & Dressing	Chuck Wagon Stew/Rice
Entrée/Chicken		Chicken Tetrizzini	Baked Chicken	Fried Chicken	BBQ Chicken
Side/Vegetable	Lima Beans	Rice	Mac & Cheese	Broccoli	Carrot Souffle
Side/Vegetable	Mashed Potatoes	Fried Okra	Green Beans	Sweet Potatoes	Green Beans
Healthy Choice/ Side	Cauliflower	Black Eyed Peas	Rutabagas	Spinach	Mixed Vegetables
Healthy Choice/ Side	Broccoli	Turnip Greens	Peas & Carrots	Pinto Beans	Beets
Healthy Choice/ Fruit/Dessert	Apple	Orange	Apple	Orange	Apple
Soup					
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Side/Salads	Tuna Salad		Tuna Salad		Tuna Salad
Healthy Choice/ Bread					
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert					
Dessert					



6/13/2022

6/14/2022

6/15/2022

6/16/2022

6/17/2022

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Pork Loin	Beef Liver & Onions	Chopped Beef	Baked Fish	Grilled Pork Loin
Entrée	Baked Swiss Steak	Smothered Pork Chop	BBQ Pork	Spaghetti & Meatballs	Southern Fried Fish
Entrée	Fried Chicken		Baked Chicken	Turkey & Dressing	Beef Stroganoff/Rice
Entrée/Chicken		Chicken Cacciatore/Rice		Fried Chicken	BBQ Chicken
Side/Vegetable	Peas & Carrots	Macaroni & Cheese	Green Beans	Sweet Potatoes	Carrot Souffle
Side/Vegetable	Mashed Potatoes	Buttered Okra	Fried Squash	Broccoli & Rice	Cabbage
Healthy Choice/Side	Corn	Turnip Greens	New Potatoes	Spinach	Lima Beans
Healthy Choice/Side	Broccoli	Black-Eyed Peas	Carrots	Mixed Vegetables	Corn
Healthy Choice/Fruit/Dessert	Apple	Orange	Apple	Orange	Apple
Soup					
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Side/Salads					
Healthy Choice/Bread					
Bread	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert					
Dessert					



6/20/2022

6/21/2022

6/22/2022

6/23/2022

6/24/2022

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Red Beans & Rice	Liver & Onions	Chopped Beef	Baked Fish	Grilled Pork Loin
Entrée	Turkey & Dressing	Baked Fish		Turkey & Dressing	Southern Fried Fish/ French Fries
Entrée	Meatloaf		Hot Dogs & Chili	Spaghetti & Meatsauce	Shepherd's Pie
Entrée/Chicken	Fried Chicken	Chicken Tetrizzini	Baked Chicken	Fried Chicken	Baked Chicken
Side/Vegetable	Mashed Potatoes	Macaroni & Cheese	Mashed Potatoes	Broccoli & Rice	Carrot Souffle
Side/Vegetable	Corn	Fried Okra	Green Beans	Mixed Vegetables	Cabbage
Healthy Choice/ Side	Broccoli	Yellow Rice	Peas & Carrots	Spinach	Broccoli
Healthy Choice/ Side	Rutabagas	Greens	Broccoli	Corn	Beets
Healthy Choice/ Fruit/Dessert	Apple	Orange	Apple	Orange	Apple
Soup					
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Side/Salads					
Healthy Choice/ Bread					
Bread	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert					
Dessert					



6/27/2022
Monday

6/28/2022
Tuesday

6/29/2022
Wednesday

6/30/2022
Thursday

7/1/2022
Friday

Healthy Choice / Entrée	Baked Fish	Beef Liver & Onions	Chopped Beef	Baked Fish	Grilled Pork Loin
Entrée	Swiss Steak	Smothered Pork Chop	Hot Dogs & Chili	Turkey & Dressing	Southern Fried Fish
Entrée	Fried Chicken		Baked Chicken	Spaghetti & Meatsauce	Grilled Chicken
Entrée/Chicken		Baked Chicken		Fried Chicken	Beef Stew
Side/Vegetable	Mashed Potatoes	Rice	Green Beans	Mixed Vegetables	Cabbage
Side/Vegetable	Mixed Vegetables	Buttered Okra	Fried Squash	Macaroni & Cheese	Carrot Souffle
Healthy Choice/ Side	Corn	Turnip Greens	New Potatoes	Spinach	Broccoli
Healthy Choice/ Side	Broccoli	Black-eyed Peas	Carrots	Corn	Lima Beans
Healthy Choice/ Fruit/Dessert	Apple	Banana	Orange	Apple	Orange
Soup					
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit Salad	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit Salad
Side/Salads					
Healthy Choice/ Bread	Apple	Orange	Apple	Orange	Apple
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert					
Dessert					