DECEMBER 2021

CLAYTON COUNTY • GEORGIA
Cc: Clayton connected
Senior Services

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 (Seniors) Holiday Bingo Around The World 11:00AM - 12:00PM (Teens, Adults, & Seniors) Intro To Photography 6:00PM - 7:30PM	3 (Teens) Pop & Paint 6:00PM - 8:00PM (Adults, & Seniors) Card Night 5:00PM - 8:00PM	4
5	6	7 (Adults) 30 Minute Holiday Meals 6:00PM - 7:00PM	8 (Seniors) Holiday Wreaths 11:00AM - 12:00PM (Family) Family Fitness BINGO 6:00PM - 7:00PM	9	10 (Seniors) Holiday Dinner Dance 6:00PM - 9:00PM (Adults, & Seniors) Card Night 5:00PM - 8:00PM	11
12	13	14 What's Happening Flint? Seniors - 10:00AM - 11:00AM Teens - 2:00PM - 3:00PM Family - 4:00PM - 5:00PM (Youth) Music & Movement 5:00PM - 6:00PM	15 (Family) Stone Mountain Christmas Trip 3:00PM - 9:00PM	16 (Teens) Let's Get Lit Candle Making 5:30PM - 6:30PM	17 (Family) Annual Art Show 6:00PM - 8:00PM (Family) A Candy Cane Christmas 6:00PM - 8:00PM (Adults, & Seniors) Card Night 5:00PM - 8:00PM	18
19	20	21 (Youth) Ugly Sweater Ornaments 2:00PM - 3:00PM	22	23 Closed	24 Closed	25 Closed
26	27	28 (Family) The Roots of Kwanza 5:00PM - 8:00PM	29	30 (Adults & Seniors) Coffee & Convo 11:30AM - 12:30PM	31 Closed	Closed

FLINT RIVER COMMUNITY CENTER

CLAYTON COUNTY · GEORGIA
Cc: Clayton connected
Senior Services

DECEMBER 2021

Website: www.claytonseniors.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mingle Jingle Christmas Dance Saturday the 11th @ 6pm	Frank Bailey Senior Center 6213 Riverdale Rd. 30274 (678) 479-5505	1 9AM-3:00PM Quilters 9:30AM Circuit Training Camp 12:00PM Sculpting 2:30PM Healthy Talk	2 10:00AM Bridge Instructional 1:00PM Drill Team 1:00PM Jewelry Making 1:30PM Intro. to Computers 2:00PM Bridge Lab 2:30PM Current Events	3 9:30AM Bingo 10:30AM Therapeutic Arts 11:00AM Advanced In-Motion Trip: 9:30AM Atlantic Station
6 10:30AM Therapeutic Art 1:00PM Weekly Wellness	7 9:00AM Crochet 10:00AM Bingo 10:00AM Crafts Made Simple 1:00PM Drill Team 2:30PM Traveling Virtually	8 9AM-3:00PM Quilters 12:00PM Sculpting 2:30PM Healthy Talk	9 10:00AM Bridge Instructional 1:00PM Drill Team 1:00PM Jewelry Making 1:30PM Intro. to Computers 2:00PM Bridge Lab 2:30PM Current Events	10 9:30AM Bingo 10:30AM Therapeutic Arts 11:00AM Advanced In-Motion 2:00PM Poetry Slam/Spoken Word/Art *** Mingle Jingle Dance Tomorrow @ 6pm***
13 10:30AM Therapeutic Art 1:00PM Weekly Wellness *** Christmas Around the World Dec. 13-22 *** REGISTRATION FOR WINTER I SESSION STARTS	14 9:00AM Crochet 10:00AM Bingo 10:00AM Crafts Made Simple 1:00PM Book Club 1:00PM Drill Team 2:30PM Traveling Virtually	15 9AM-3:00PM Quilters 12:00PM Sculpting 2:30PM Healthy Talk	16 10:00AM Ugly Sweater Contest 10:00AM Bridge Instructional 1:00PM Drill Team 1:00PM Jewelry Making 1:30PM Intro. to Computers 2:00PM Bridge Lab 2:30PM Current Events 6:00PM Caregiver Support	17 9:30AM Bingo 10:30AM Therapeutic Arts 11:00AM Advanced In-Motion
20	21 B R E A K	22	23 Frank Bailey Senior Center will be closed for the holiday W E E K	24
27	28 B R E A K	29	30 W E E K	31 Frank Bailey Senior Center will be closed for the holiday

J. CHARLEY GRISWELL SENIOR CENTER

December 2021

MON	TUE	WED	THU	FRI	SAT
CLAYTON COUNTY • GEORGIA Cc: Clayton connected Senior Services		1	2 Morning Fitness 9:30am-10:00am Benefits of Elderberry 2:00pm - 3:00pm	3 Morning Fitness 9:30am-10:00am	4
6	7 Morning Fitness 9:30am-10:00am Therapeutic Art Workshop 1:30pm - 3:30pm	8 Grocery Shopping Trip *Departure: 9:30AM*	9 Morning Fitness 9:30am-10:00am	10 Morning Fitness 9:30am-10:00am Italian ABCs 11:00am - 11:30am	11
13 ***Registration Begins*** Type II Diabetes 2:00pm - 3:00pm Cell Phone 101 2:30pm-3:00pm	14 Morning Fitness 9:30am-10:00am	15 Grocery Shopping Trip & SNP Meeting *Departure: 9:30AM*	16 Morning Fitness 9:30am-10:00am 3D Thursday 2:00pm-3:00pm Red Hatters Meeting - 2:00pm Santa Claus is Coming to Town! 2:00pm - 4:00pm	17 ***Classes End*** Morning Fitness 9:30am-10:00am Living Single Social Group 2:30pm-3:00pm	18 The Snow Ball Christmas Party 6:00pm - 10:00pm
20	21	22 Break Week	23 CLOSED	24	25
27	28	29 Break Week	30	31 CLOSED	***DVD Work-Out (self -directed) Mon. Wed. Fri 8:15am - 9:00am

DECEMBER POOL CALENDAR 2021

J. CHARLEY GRISWELL
SENIOR CENTER
2300 HIGHWAY 138, S.E.
JONESBORO, GA. 30236
(770) 477- 3499
WWW.CLAYTONSENIORS.COM
CENTER HOURS:
MONDAYS
8:00 AM - 7:45 PM
TUESDAYS–FRIDAYS
8:00 AM - 5:00 PM

OPEN SWIM TIMES ARE SUBJECT TO CHANGE. PLEASE CALL AHEAD TO CHECK TIMES.
POOL TEMPERATURE REMAINS BETWEEN 83 AND 86 DEGREES IN COMPLIANCE WITH THE ARTHRITIS FOUNDATION.

FITNESS ROOM HOURS
OPEN DAILY FROM
8:15 AM —12:00 PM
&
1:00 PM—4:30 PM
OPEN MONDAYS
UNTIL 7:30 PM

Monday	Tuesday	Wednesday	Thursday	Friday
Open Swim times are subject to change. PLEASE call ahead to check times		01 8:10-8:45 OPEN POOL 2:15-3:00 OPEN POOL	02 8:10-8:45 OPEN POOL 2:15-4:00 OPEN POOL	03 8:10-8:45 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:00 OPEN POOL
06 8:10-8:45 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:30 OPEN POOL 5:00-6:30 OPEN POOL	07 8:10-8:45 OPEN POOL 2:45-4:00 OPEN POOL	08 8:10-8:45 OPEN POOL 2:15-3:00 OPEN POOL	09 8:10-8:45 OPEN POOL 2:15-4:00 OPEN POOL	10 8:10-8:45 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:00 OPEN POOL
13 8:10-8:45 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:30 OPEN POOL 5:00-6:30 OPEN POOL	14 8:10-8:45 OPEN POOL 2:45-4:00 OPEN POOL	15 8:10-8:45 OPEN POOL 2:15-3:00 OPEN POOL	16 8:10-8:45 OPEN POOL 2:15-4:00 OPEN POOL	17 8:10-8:45 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:00 OPEN POOL
20 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:30 OPEN POOL 5:00-6:30 OPEN POOL	21 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL 2:45-4:00 OPEN POOL	22 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL 1:00-3:00 OPEN POOL	23 Happy Holidays! CENTER CLOSED	 CENTER CLOSED
27 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:30 OPEN POOL 5:00-6:30 OPEN POOL	28 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL 1:00-2:30 OPEN POOL 3:00-4:00 OPEN POOL	29 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL 1:00-3:00 OPEN POOL	30 BREAK WEEK 8:10-9:30 OPEN POOL 10:00-10:30 SWIM LAP 10:30-12:00 OPEN POOL	 CENTER CLOSED

Sonny Singleton Gregory Senior Center

DECEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
SAVE THE DATE: **A ROYAL CHRISTMAS IN ZAMUNDA DANCE** **SATURDAY, DECEMBER 11TH** **6:00 PM - 9:00 PM**		1 Create Marbleized Christmas Ornaments 11:00 AM - 12:00 PM	2	3
6	7 Advisory Board Meals 5:00 PM - 7:00 PM North GA Premium Outlet Trip	8	9 Book Club 10:30 AM - 11:30 AM	10
13 *CLASS REGISTRATION BEGINS*	14 Center for Civil & Human Rights Trip	15 PositiviTEA Talk 10:00 AM - 11:00 AM	16 Gloves, Cross Contamination, and How To Wear Your Mask Properly 1:00 PM - 2:00 PM	17 *CLASSES END*
20	21 Advisory Board Meals 5:00 PM - 7:00 PM	22 *BREAK WEEK*	23 CENTER CLOSED IN OBSERVANCE OF THE CHRISTMAS HOLIDAY	24 CENTER CLOSED MERRY christmas Eve
27	28	29 *BREAK WEEK*	30 The F.O.C.U.S. Table 2:00 PM - 3:00 PM	31 CENTER CLOSED HAPPY New Year's Eve

CLAYTON COUNTY • GEORGIA

Cc: Clayton connected

Senior Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 8:30a.m.—9:30a.m. (10:30a.m.—11:30a.m.) (Lap Swim) 1:30p.m.—2:30p.m. 3:30p.m.—4:30p.m.	2 8:30a.m.—9:00a.m. 10:00a.m.—11:00a.m. 12:00p.m.—1:00p.m. (2:00p.m.—3:00p.m.) (Lap Swim)	3 8:30a.m.—9:30a.m (10:30a.m.—11:30a.m.) (Lap Swim) 1:30p.m.—2:30p.m.
6 8:30a.m.—9:30a.m. (1:30p.m.—2:30p.m.) (Lap Swim) 3:30p.m.—4:30p.m.	7 8:30a.m.—9:00a.m. (2:00p.m.—3:00p.m.) (Lap Swim)	8 8:30a.m.—9:30a.m. (10:30a.m.—11:30a.m.) Lap Swim 1:30p.m.—2:30p.m. 3:30p.m.—4:30p.m.	9 8:30a.m.—9:00a.m. 10:00a.m.—11:00a.m. 12:00p.m.—1:00p.m. (2:00p.m.—3:00p.m.) Lap Swim	10 8:30a.m.—9:30a.m (10:30a.m.—11:30a.m.) (Lap Swim) 1:30p.m.—2:30p.m.
13 8:30a.m.—9:30a.m. (1:30p.m.—2:30p.m.) (Lap Swim) 3:30p.m.—4:30p.m.	14 8:30a.m.—9:00a.m. (2:00p.m.—3:00p.m.) (Lap Swim)	15 8:30a.m.—9:30a.m. (10:30a.m.—11:30a.m.) Lap Swim 1:30p.m.—2:30p.m. 3:30p.m.—4:30p.m.	16 8:30a.m.—9:00a.m. 10:00a.m.—11:00a.m. 12:00p.m.—1:00p.m. (2:00p.m.—3:00p.m.) Lap Swim	17 (8:30a.m.—9:30a.m (10:30a.m.—11:30a.m.) (Lap Swim) 1:30p.m.—2:30p.m.
20 8:30a.m.—9:30a.m. (1:30p.m.—2:30p.m.) (Lap Swim) 3:30p.m.—4:30p.m.	21 8:30a.m.—9:00a.m. (2:00p.m.—3:00p.m.) (Lap Swim)	22 8:30a.m.—9:30a.m. (10:30a.m.—11:30a.m.) Lap Swim 1:30p.m.—2:30p.m.	23 Center Closed	24 Center Closed
27 8:30a.m.—9:30a.m. (1:30p.m.—2:30p.m.) (Lap Swim) 3:30p.m.—4:30p.m.	28 8:30a.m.—9:00a.m. (2:00p.m.—3:00p.m.) (Lap Swim)	29 8:30a.m.—9:30a.m. (10:30a.m.—11:30a.m.) Lap Swim 1:30p.m.—2:30p.m. 3:30p.m.—4:30p.m.	30 8:30a.m.—9:00a.m. 10:00a.m.—11:00a.m. 12:00p.m.—1:00p.m. (2:00p.m.—3:00p.m.) Lap Swim	31 Center Closed

Sonna Singleton Gregory Senior Center

DECEMBER 2021

Open & Lap Swim Schedule

3215 Anvil Block Road
Ellenwood, GA 30294
770.347.0340
www.claytonseniors.com

Open and Lap Swim Subject to Change

Fitness and Pool Orientation Required Prior to Swimming

Aquatic Shoes Required

(Lap Swim in Parenthesis)

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