



12/21/2020

12/22/2020

12/23/2020

12/24/2020

12/25/2020

Monday

Tuesday

Wednesday

Thursday

Friday

| Healthy Choice / Entrée      | Baked Fish            | Liver & Onion Sauce    | Salisbury Steak      | Closed for Christmas | Closed for Christmas |
|------------------------------|-----------------------|------------------------|----------------------|----------------------|----------------------|
| Entrée                       | Meatloaf              | Smothered Pork Chop    | Turkey & Dressing    |                      |                      |
| Entrée                       |                       |                        | Parmesan Fish        |                      |                      |
| Entrée/Chicken               | Fried Chicken Tenders | Baked Cajun Chicken    |                      |                      |                      |
| Side/Vegetable               | Fried Green Tomatoes  | Rice                   | Green Beans          |                      |                      |
| Side/Vegetable               | Corn                  | Buttered Okra          | Mashed Potatoes      |                      |                      |
| Healthy Choice/Side          | Pinto Beans           | Turnip Greens          | Broccoli             |                      |                      |
| Healthy Choice/Side          | Broccoli              | Black-Eyes             | Carrots              |                      |                      |
| Healthy Choice/Fruit/Dessert | Apple                 | Banana                 | Banana               |                      |                      |
| Soup                         |                       |                        |                      |                      |                      |
| Side/Salads                  | Tossed Spring Salad   | Tossed Spring Salad    | Tossed Spring Salad  | Tossed Spring Salad  | Tossed Spring Salad  |
| Side/Salads                  | Fresh Fruit Salad     | Strawberry and Bananas |                      |                      |                      |
| Side/Salads                  |                       |                        | Pasta Salad          | Cucumber and Onion   | Cole Slaw            |
| Healthy Choice/Bread         | Sliced Whole Wheat    | Sliced Whole Wheat     | Sliced Whole Wheat   | Sliced Whole Wheat   | Sliced Whole Wheat   |
| Bread                        | Soft Roll/Corn Stick  | Soft Roll/Corn Stick   | Soft Roll/Corn Stick | Soft Roll/Corn Stick | Soft Roll/Corn Stick |
| Hot Dessert                  | Cobbler               | Cobbler                | Cobbler              | Cobbler              | Cobbler              |
| Dessert                      |                       |                        | Yellow Cake          | Chocolate Cake       |                      |
| Dessert                      | Red Velvet Cake       | Italian Cream Cake     |                      |                      | Red Velvet Cake      |
| Dessert                      | Sweet Potato Pie      |                        | Sweet Potatoes Pie   |                      |                      |
| Dessert                      |                       | Custard Pie            |                      | Custard Pie          | Buttermilk Chess     |



12/28/2020

12/29/2020

12/30/2020

12/31/2020

1/1/2021

Monday

Tuesday

Wednesday

Thursday

Friday

| Healthy Choice / Entrée      | Monday                | Tuesday              | Wednesday                  | Thursday               | Friday                |
|------------------------------|-----------------------|----------------------|----------------------------|------------------------|-----------------------|
| Entrée                       | Lemon Pepper Fish     | Liver & Onion Sauce  | Salisbury Steak w/Mushroom | Baked Fish             | Closed for New Year's |
| Entrée                       | Baked Swiss Steak     | Smothered Pork Chops | Chicken Etouffee           | Spaghetti & Meatballs  |                       |
| Entrée                       |                       |                      |                            |                        |                       |
| Entrée/Chicken               | Fried Chicken Tenders | Baked Cajun Chicken  | Parmesan Fish              | Fried Chicken          |                       |
| Side/Vegetable               | Fried Green Tomatoes  | Rice                 | Fried Squash               | Sweet Potatoes         |                       |
| Side/Vegetable               | Mashed Potatoes       | Macaroni and Cheese  | Green Beans                | Broccoli               |                       |
| Healthy Choice/Side          | Cauliflower           | Turnip Greens        | New Potatoes               | Spinach                |                       |
| Healthy Choice/Side          | Broccoli w/Cheese     | Black-Eyes           | Peas & Carrots             | Pinto Beans            |                       |
| Healthy Choice/Fruit/Dessert | Chocolate Pudding     | Apple                | Banana                     | Vanilla Pudding        |                       |
| Soup                         |                       |                      |                            |                        |                       |
| Side/Salads                  | Tossed Spring Salad   | Tossed Spring Salad  | Tossed Spring Salad        | Tossed Spring Salad    | Tossed Spring Salad   |
| Side/Salads                  | Fresh Fruit Salad     |                      |                            | Strawberry and Bananas | Fresh Fruit Salad     |
| Side/Salads                  |                       | Spiced Beets         | Pasta Salad                |                        |                       |
| Healthy Choice/Bread         | Sliced Whole Wheat    | Sliced Whole Wheat   | Sliced Whole Wheat         | Sliced Whole Wheat     | Sliced Whole Wheat    |
| Bread                        | Soft Roll/Corn Stick  | Soft Roll/Corn Stick | Soft Roll/Corn Stick       | Soft Roll/Corn Stick   | Soft Roll/Corn Stick  |
| Hot Dessert                  | Cobbler               | Cobbler              | Cobbler                    | Cobbler                | Cobbler               |
| Dessert                      |                       | Chocolate Cake       | Yellow Cake                |                        | Yellow Cake           |
| Dessert                      | Red Velvet Cake       |                      |                            | Italian Cream Cake     | Red Velvet Cake       |
| Dessert                      | Sweet Potato Pie      |                      | Sweet Potatoes Pie         |                        | Sweet Potatoes Pie    |
| Dessert                      |                       | Custard Pie          |                            | Custard Pie            |                       |



1/4/2021

1/5/2021

1/6/2021

1/7/2021

1/8/2021

Monday

Tuesday

Wednesday

Thursday

Friday

|                                      |                       |                                |                             |                                       |                      |
|--------------------------------------|-----------------------|--------------------------------|-----------------------------|---------------------------------------|----------------------|
| <b>Healthy Choice / Entrée</b>       | Red Beans and Rice    | Beef Liver with Grilled Onions | Salisbury Steak with Onions | Baked Fish with Lemon Sauce (pollock) | Grilled Pork Loin    |
| <b>Entrée</b>                        | Meatloaf              | Smothered Pork Chop            | Sausage Crusted Fish        | Spaghetti & Meatsauce                 | Southern Fried Fish  |
| <b>Entrée</b>                        | Baked Fish            |                                |                             |                                       |                      |
| <b>Entrée/Chicken</b>                | Fried Chicken Tenders | Baked Cajun Chicken            | Lemon Pepper Baked Chicken  | Fried Chicken                         | Spicy Cajun chicken  |
| <b>Side/Vegetable</b>                | Fried Green Tomatoes  | Rice                           | Green Beans                 | Macaroni & Cheese                     | Cabbage              |
| <b>Side/Vegetable</b>                | Mashed Potatoes       | Buttered Okra                  | Fried Squash                | Broccoli & Rice                       | Carrot Souffle       |
| <b>Healthy Choice/ Side</b>          | Corn                  | Turnip Greens                  | New Potatoes                | Roasted Potatoes                      | Rutabagas            |
| <b>Healthy Choice/ Side</b>          | Broccoli              | Black-eyed Peas                | Carrots                     | Spinach                               | Lima Beans           |
| <b>Healthy Choice/ Fruit/Dessert</b> | Chocolate Pudding     | Banana                         | Orange                      | Banana                                | Apple                |
| <b>Soup</b>                          |                       |                                |                             |                                       |                      |
| <b>Side/Salads</b>                   | Tossed Spring Salad   | Tossed Spring Salad            | Tossed Spring Salad         | Tossed Spring Salad                   | Tossed Spring Salad  |
| <b>Side/Salads</b>                   | Fresh Fruit Salad     | Strawberry and Bananas         |                             |                                       |                      |
| <b>Side/Salads</b>                   |                       |                                | Pasta Salad                 | Cucumber and Onion                    | Cole Slaw            |
| <b>Healthy Choice/ Bread</b>         | Sliced Whole Wheat    | Sliced Whole Wheat             | Sliced Whole Wheat          | Sliced Whole Wheat                    | Sliced Whole Wheat   |
| <b>Bread</b>                         | Soft Roll/Corn Stick  | Soft Roll/Corn Stick           | Soft Roll/Corn Stick        | Soft Roll/Corn Stick                  | Soft Roll/Corn Stick |
| <b>Hot Dessert</b>                   | Cobbler               | Cobbler                        | Cobbler                     | Cobbler                               | Cobbler              |
| <b>Dessert</b>                       | Yellow Cake           |                                |                             | Chocolate Cake                        |                      |
| <b>Dessert</b>                       |                       | Italian Cream Cake             | Red Velvet Cake             |                                       | Red Velvet Cake      |
| <b>Dessert</b>                       | Sweet Potato Pie      |                                |                             |                                       | Sweet Potatoes Pie   |
| <b>Dessert</b>                       |                       | Custard Pie                    | Buttermilk Chess            | Custard Pie                           |                      |



1/11/2021

1/12/2021

1/13/2021

1/14/2021

1/15/2021

Monday

Tuesday

Wednesday

Thursday

Friday

|                                      |                               |                        |  |                        |                            |
|--------------------------------------|-------------------------------|------------------------|--|------------------------|----------------------------|
| <b>Healthy Choice / Entrée</b>       | Lemon Pepper Fish             | Liver & Onion Sauce    | Salisbury Steak with Sautéed Mushrooms | Baked Fish             | Pork Loin with Onion Sauce |
| <b>Entrée</b>                        |                               | Parmesan Fish          | Parmesan Fish                          | Spaghetti & Meatballs  | Southern Fried Fish        |
| <b>Entrée</b>                        | Swiss Steak                   | Smothered Pork Chop    |  |                        |                            |
| <b>Entrée/Chicken</b>                | Fried Chicken Tenders         |                        | Baked Chicken                          | Fried Chicken          | Rotisserie Chicken         |
| <b>Side/Vegetable</b>                | Broccoli                      | Smothered Okra         | Green Beans                            | Broccoli & Rice        | Carrot Soufflé             |
| <b>Side/Vegetable</b>                | Twice Baked Potato            | Macaroni & Cheese      | White Rice                             | Sweet Potatoes         | Cabbage                    |
| <b>Healthy Choice/ Side</b>          | Cauliflower with Cheese Sauce | Yellow Rice            | Peas & Carrots                         | Corn                   | Harvard Beets              |
| <b>Healthy Choice/ Side</b>          | Pinto Beans                   | Turnip Greens          | Broccoli                               | Spinach                | Mixed Squash               |
| <b>Healthy Choice/ Fruit/Dessert</b> | Vanilla Pudding               | Banana                 | Strawberries & Bananas                 | Chocolate Pudding      | Orange                     |
| <b>Soup</b>                          |                               |                        |  |                        |                            |
| <b>Side/Salads</b>                   | Tossed Spring Salad           | Tossed Spring Salad    | Tossed Spring Salad                    | Tossed Spring Salad    | Tossed Spring Salad        |
| <b>Side/Salads</b>                   | Fresh Fruit Salad             | Strawberry and Bananas | Fresh Fruit Salad                      | Strawberry and Bananas | Fresh Fruit Salad          |
| <b>Side/Salads</b>                   | Broccoli Madeline             | Spiced Beets           | Pasta Salad                            | Cucumber and Tomato    | Carrot and Raisin          |
| <b>Healthy Choice/ Bread</b>         | Sliced Whole Wheat            | Sliced Whole Wheat     | Sliced Whole Wheat                     | Sliced Whole Wheat     | Sliced Whole Wheat         |
| <b>Bread</b>                         | Soft Roll/Corn Stick          | Soft Roll/Corn Stick   | Soft Roll/Corn Stick                   | Soft Roll/Corn Stick   | Soft Roll/Corn Stick       |
| <b>Hot Dessert</b>                   | Cobbler                       | Cobbler                | Cobbler                                | Cobbler                | Cobbler                    |
| <b>Dessert</b>                       | Yellow Cake                   | Chocolate Cake         | Yellow Cake                            | Chocolate Cake         | Yellow Cake                |
| <b>Dessert</b>                       | Red Velvet Cake               | Italian Cream Cake     | Red Velvet Cake                        | Italian Cream Cake     | Red Velvet Cake            |
| <b>Dessert</b>                       | Sweet Potato Pie              | Coconut Pie            | Sweet Potatoes Pie                     | Coconut Pie            | Sweet Potatoes Pie         |
| <b>Dessert</b>                       | Buttermilk Chess              | Custard Pie            | Buttermilk Chess                       | Custard Pie            | Buttermilk Chess           |