

2020

APRIL

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|---|--|---|--|--------------------------|
| 29 | 30 | 31 | 1 | 2 | 3 Walk for Wellness 9-10 a.m. | 4 Yard Sale & BBQ 8-2 |
| 5 | 6 Good & Bad Pollen 10-11 a.m. | 7 | 8 Changes in Metabolism with Aging 10-11 a.m. | 9 | 10 Under the Sea Pool Bash 1-2:30 p.m. | 11 |
| 12 | 13 | 14 | 15 | 16 Music Appreciaiton 2-3 p.m. | 17 Skin Health for Seniors 10-11 a.m. Let's Explore Diversity 2-4 p.m. | 18 |
| 19 | 20 The Benefits of CBD Oil 10:30- 11:30 a.m. | 21 Creating Art 2-4 p.m. | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 Spring Fling 4:30- 6:30 p.m. | 1 | 2 |
| 3 | 4 | NOTES: Frank Bailey Senior Center J. Charley Griswell Senior Center Kinship Care Resource Center | | | | |