





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Center Closed	3 Morning Fitness 9:30 am– 10:00 am Registration Begins	4 Morning Fitness 9:30 am– 10:00 am Blood Pressure Screenings 10:30 am -12:00 pm Wednesday Info & Tips: 12:00 pm	5 Morning Fitness 9:30 am– 10:00 am	6 Morning Fitness 9:30 am– 10:00 am
9 Morning Fitness 9:30 am– 10:00 am 9 Ball Pool Tournament 12:00 pm– 7:00pm	10 Morning Fitness 9:30 am– 10:00 am Try Musical Meditation 10:00 am-11:00 am	11 Morning Fitness 9:30 am– 10:00 am Shopping Trip 9:15 am	12 Morning Fitness 9:30 am– 10:00 am 3D Thursday 2:00 pm-3:00 pm Birthday Social 3:00 pm-4:00 pm AARP Defensive Driving 9:00 am– 3:00 pm Baps Shri Swaminarayan 8:30 am Normal vs. Not Normal Aging 10:00 am	13 Morning Fitness 9:30 am– 10:00 am Registration Ends
<p>←----- <i>Break Week</i> -----→</p> <p>←----- <i>Fitness Appreciation Week</i> -----→</p>				
16 Morning Fitness 9:30 am– 10:00 am IPad & Tablet Workshop 3:00 pm — 4:30 pm Wind Creek Casino 8:30 am <i>Classes Begin</i>	17 Morning Fitness 9:30 am– 10:00 am	18 Morning Fitness 9:30 am– 10:00 am Colorful Cupcake Decorating 10:00 am Blood Pressure Screenings 10:30 am -12:00 pm Wednesday Info & Tips: 12:00 pm	19 Morning Fitness 9:30 am– 10:00am Red Hatters 2:00pm — 3:00 pm 	20 Morning Fitness 9:30 am– 10:00 am
23 Morning Fitness 9:30 am– 10:00 am	24 Morning Fitness 9:30 am– 10:00 am Falls Prevention Workshop 10:30 am-11:30 am Clayton County Water Authority Tour 9:30 am	25 Morning Fitness 9:30 am– 10:00 am Shopping Trip 9:15 am Blood Pressure Screenings 10:30 am -12:00 pm	26 Morning Fitness 9:30 am-10:00 am Book Club 2:00 pm-3:00pm	27 Morning Fitness 9:30 am-10:00 am National Senior Center Month: Health Fair 10:00 am– 2:00 pm
30 Morning Fitness 9:30 am– 10:00 am				