



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 <b>Morning Fitness</b> 9:30 am – 10:00 am
5 <b>Morning Fitness</b> 9:30 am – 10:00 am <b>13th Anniversary An Evening at the Casino</b> 5:00 pm <b>13th Anniversary Quilt Show</b> 8:30am—4:30pm  <b>Classes Begin</b>	6 <b>Morning Fitness</b> 9:30 am – 10:00 am <b>SunTrust Park Tour</b> 9:00 am <b>13th Anniversary Quilt Show</b> 8:30am—4:30pm	7 <b>Morning Fitness</b> 9:30 am – 10:00 am <b>Blood Pressure Screenings</b> 10:30 am -12:00 pm <b>Ice Cream Social &amp; Bingo Bash</b> 2:00 pm <b>13th Anniversary Quilt Show</b> 8:30am—4:30pm	8 <b>Morning Fitness</b> 9:30 am – 10:00 am <b>13th Anniversary Chat With The Griswell Quilters</b> 12:30 pm <b>3D Thursday</b> 2:00 pm-3:00 pm <b>Birthday Social</b> 3:00 pm-4:00 pm <b>13th Anniversary Quilt Show</b>	9 <b>Quilt Show</b> 8:30am—4:30pm <b>Morning Fitness</b> 9:30 am – 10:00 am <b>13th Anniversary Quilt Show</b> 8:30am—4:30pm <b>13th Anniversary AN EVENING OF JAZZ</b> 6:00 pm– 9:00 pm
12 <b>Morning Fitness</b> 9:30 am – 10:00 a m	13 <b>Morning Fitness</b> 9:30 am – 10:00 am <b>Fun With Scrapbooking</b> 9:30 am <b>Chattanooga Riverboat Cruise</b> 8:30 am	14 <b>Morning Fitness</b> 9:30 am – 10:00 am <b>Grocery Shopping Trip</b> 9:00 am <b>Blood Pressure Screenings</b> 10:30 am -12:00 pm	15 <b>Morning Fitness</b> 9:30 am – 10:00am <b>Red Hatters</b> 2:00pm — 3:00 pm	16 <b>Morning Fitness</b> 9:30 am – 10:00 am
19 <b>Morning Fitness</b> 9:30 am– 10:00 am <b>Budgeting Made Easy</b> 11:00 am—12:00 pm <b>IPad &amp; Tablet Workshop</b> 3:00 pm — 4:30 pm	20 <b>Morning Fitness</b> 9:30 am– 10:00 am	21 <b>Morning Fitness</b> 9:30 am– 10:00 am <b>Blood Pressure Screenings</b> 10:30 am -12:00 pm <b>Wednesday Info &amp; Tips:</b> Nutrition Information 12:30 pm <b>Pinochle Tournament</b> 12:00 pm <b>Social Isolation Presentation w/ Atlanta Regional Commission</b> 2:00 pm—3:30pm	22 <b>Morning Fitness</b> 9:30 am-10:00 am <b>Book Club</b> 2:00 pm-3:00pm	23 <b>Morning Fitness</b> 9:30 am-10:00 am
26 <b>Morning Fitness</b> 9:30 am– 10:00 am	27 <b>Morning Fitness</b> 9:30 am– 10:00 am <b>Volunteer Meeting</b> 12:00 pm– 1:00 pm <b>What's In Your Policy? Life Insurance Presentation</b> 2:00 pm– 3:00 pm	28 <b>Morning Fitness</b> 9:30 am– 10:00 am <b>Blood Pressure Screenings</b> 10:30 am -12:00 pm <b>Grocery Shopping Trip</b> 9:00 am <b>Griswell's Chopped : Asian Edition</b> 2:00 pm—3:00 pm	29 <b>Morning Fitness</b> 9:30 am-10:00 am <b>Ponce City Market</b> 9:00 am	30 <b>Morning Fitness</b> 9:30 am-10:00 am <b>Couponing 101</b> 9:30 am—10:30 pm