

2019

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3	4 Falls Prevention & Awareness 10-11	5 Dizziness, Vertigo & Imbalance Disorders 11:30-12:30	6	7	
8	9 9 Ball Pool Tournament 12-7:30	10 Try Musical Meditation 10-11	11	12 Prostate Awareness 11:30-12:30	13 Fall Fashion Show 1-3	14 Movie Under the Stars 5:30-7:30	
15	16	17	18 Colorful Cupcake Decorating 10-11 Food Safety Awareness 10-11:30	19 Nat'l Senior Center Month 10-2	20	21	
22	23	24 Falls Prevention Workshop 11:30-12:30	25	26 No Stress Fest 4:30-7	27 Health Fair 10-2	28	
29	30	1	2	3	4	5	
6	7	NOTES: Frank Bailey Senior Center Charley Griswell Senior Center Kinship Care Resource Center					J.