



5/6/2019

5/7/2019

5/8/2019

5/9/2019

5/10/2019

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Grilled Chicken with Onions and Peppers	Beef Liver with Grilled Onions	Salisbury Steak with Onions	Baked Fish with Lemon Sauce (pollock)	Chicken & Dumplings
Entrée	Tuna Salad Sandwich	BBQ Ribs	2 Beef Hot Dogs w/ Chili	Meat Sauce and Spaghetti	Southern Fried Fish
Entrée	Turkey & Dressing	Baked Fish	Smothered Pork Chop	Pot Roast	Blackened Shrimp with Pasta
Entrée/Chicken	Fried Chicken Tenders	Baked Cajun Chicken	Lemon Pepper Baked Chicken	Fried Chicken	Rotisserie Chicken
Side/Vegetable	Spinach Florentine	Mashed Potatoes	Green Beans	Carrot Soufflé	Cabbage
Side/Vegetable	Yellow Squash	Buttered Okra	White Rice	Macaroni and Cheese	Broccoli & Rice
Healthy Choice/ Side	Cauliflower	Turnip Greens	New Potatoes	Pinto Beans	Rutabagas
Healthy Choice/ Side	Broccoli	Black-eyed Peas	Carrots	Spinach	Lima Beans
Healthy Choice/ Fruit/Dessert	Chocolate Pudding	Banana	Orange	Banana	Apple
Soup	Chicken Rice Soup				
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit Salad	Potato Salad	Cole Slaw	Strawberry and Bananas	Fresh Fruit Salad
Side/Salads	Broccoli Madeline	Spiced Beets	Pasta Salad	Cucumber and Onion	Cole Slaw
Healthy Choice/ Bread	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Bread Pudding	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie
Dessert	Buttermilk Chess	Custard Pie	Buttermilk Chess	Custard Pie	Buttermilk Chess



5/13/2019

5/14/2019

5/15/2019

5/16/2019

5/17/2019

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Lemon Pepper Fish (pollock)	Grilled Chicken with Onions and Peppers	Salisbury Steak with Sautéed Mushrooms	Grilled Chicken with Sautéed Mushrooms	Closed
Entrée	Chicken Salad Sandwich	BBQ Beef Sandwich	Chicken Etouffee	Italian Meat Sauce and Spaghetti	for
Entrée	Meatloaf	Liver & Onion Sauce	Baked Fish	Turkey and Dressing	Mayfest
Entrée/Chicken	Fried Chicken Tenders	Baked Cajun Chicken	Lemon Pepper Baked Chicken	Fried Chicken	
Side/Vegetable	Broccoli	Smothered Okra	Fried Okra	Broccoli	
Side/Vegetable	Mashed Potatoes	Macaroni and Cheese	Green Beans	Sweet Potatoes	
Healthy Choice/Side	Cauliflower with Cheese Sauce	Yellow Rice	Roasted Potatoes	Corn	
Healthy Choice/Side	Kidney Beans	Turnip Greens	Peas & Carrots	Spinach	
Healthy Choice/Fruit/Dessert	Vanilla Pudding	Banana	Strawberries & Bananas	Chocolate Pudding	
Soup	Vegetable Soup	Cream of Broccoli Soup			
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	
Side/Salads	Fresh Fruit Salad	Potato Salad	Fresh Fruit Salad	Strawberry and Bananas	
Side/Salads	Broccoli Madeline	Spiced Beets	Pasta Salad	Cucumber and Tomato	
Healthy Choice/Bread	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Bread Pudding	
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	
Dessert	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie	Coconut Pie	
Dessert	Buttermilk Chess	Custard Pie	Buttermilk Chess	Custard Pie	



5/20/2019

5/21/2019

5/22/2019

5/23/2019

5/24/2019

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Red Beans and Rice	Chicken Braised	Salisbury Steak	Baked Fish (pollock)	Chicken & Dumplings
Entrée	Chicken Tenders	Liver & Onion Sauce	Turkey and Dressing	Meat Sauce and Spaghetti	Southern Fried Fish
Entrée	Baked Fish	BBQ Ribs	2 Beef Hot Dogs w/ Chili	Pot Roast	Blackened Shrimp with Pasta
Entrée/Chicken	Chicken Fried Steak	Baked Cajun Chicken	Lemon Pepper Baked Chicken	Fried Chicken	Rotisserie Chicken
Side/Vegetable	Corn	Mashed Potatoes	Green Beans	Carrot Soufflé	Broccoli & Rice
Side/Vegetable	Spinach	Buttered Okra	White Rice	Broccoli	Macaroni & Cheese
Healthy Choice/ Side	Broccoli	Turnip Greens	New Potatoes	Spinach	Rutabagas
Healthy Choice/ Side	Cauliflower	Pinto Beans	Carrots	Black Eyed Peas	Lima Beans
Healthy Choice/ Fruit/Dessert	Orange	Banana	Banana	Apple	Apple
Soup					
Side/Salads	Tossed Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit Salad	Strawberry and Bananas	Fresh Fruit Salad	Strawberry and Bananas	Fresh Fruit Salad
Side/Salads	Broccoli Madeline	Potato Salad	Cole Slaw	Cucumber and Onion	Cole Slaw
Healthy Choice/ Bread	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Bread Pudding	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Pecan Pie	Coconut Pie	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie
Dessert	Buttermilk Chess	Custard Pie	Buttermilk Chess	Custard Pie	Buttermilk Chess



5/27/2019

5/28/2019

5/29/2019

5/30/2019

5/31/2019

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Choice / Entrée	Closed	Beef Liver & Onions	Salisbury Steak w/Mushroom	Baked Fish	Grilled Pork Loin
Entrée	for	Baked Cajun Chicken	Chuck Wagon Stew	Meat Sauce and Spaghetti	Southern Fried Fish
Entrée	Memorial	Chicken Fried Steak	Smothered Pork Chop	Pot Roast	Hamburger w/ Fixings
Entrée/Chicken	Day	BBQ Beef Sandwich	Lemon Pepper Baked Chicken	Fried Chicken	Rotisserie Chicken
Side/Vegetable		Broccoli & Rice	Fried Okra	Carrot souffle	French Fries
Side/Vegetable		Macaroni & Cheese	Green Beans	Mashed Potatoes	Lima Beans
Healthy Choice/ Side		Turnip Greens	New Potatoes	Spinach	Corn
Healthy Choice/ Side		Black-Eyed Peas	Peas & Carrots	Pinto Beans	Mixed Squash
Healthy Choice/ Fruit/Dessert		Apple	Banana	Vanilla Pudding	Orange
Soup		Cream of Broccoli			Chicken Noddle Soup
Side/Salads		Tossed Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads		Fresh Fruit Salad	Strawberry & Bananas	Fresh Fruit Salad	Macaroni Salad
Side/Salads		Spiced Beets	Pasta Salad	Cucumber and Tomato	Cole Slaw
Healthy Choice/ Bread		Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat
Bread		Soft Roll/ Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert		Bread Pudding	Cobbler	Bread Pudding	Cobbler
Dessert		Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert		Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert		Coconut Pie	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie
Dessert		Pecan Pie	Buttermilk Chess	Custard Pie	Buttermilk Chess

