
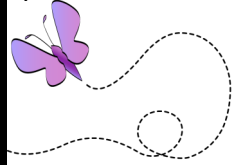




# April 2019

J. Charley Griswell Senior Center

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
| 1<br> | 2  | 3<br>Blood Pressure Screenings<br>10:30am — 12:00pm   | 4<br>   | 5<br>Members in Motion Walk w/<br>Kaiser Permanente<br>9:00 am—10:00 am<br><br>Cellphone 101<br>11:30am — 12:30pm             |
| 8<br>Paint & Chew<br>2:00 pm — 3:00 pm   | 9  | 10<br>Blood Pressure Screenings<br>10:30am — 12:00pm<br><br>Wednesday Info & Tips:<br><i>How To Plan A Weekly Meal</i><br>12:00 pm  | 11<br>3D Thursday<br>2:00pm-3:00pm<br><br>Birthday Social<br>3:00pm-4:00pm   | 12<br>Members in Motion Walk w/<br>Kaiser Permanente<br>9:00 am—10:00 am<br><br>Atlanta Dogwood Festival<br>10:30 am          |
| 15<br>IPad & Tablet Workshop<br>3:00pm — 4:30pm  | 16   | 17<br>Blood Pressure Screenings<br>10:30am — 12:00pm<br><br>An International Day of Fun<br>2:00 pm  | 18<br>Red Hatters<br>2:00pm — 3:00 pm<br><br>   | 19<br>Members in Motion Walk w/<br>Kaiser Permanente<br>9:00 am—10:00 am<br><br>Cellphone 101<br>11:30am — 12:30pm            |
| 22   | 23<br>Approval Junkie @<br>The Alliance Theater<br>3:30 pm | 24<br>Blood Pressure Screenings<br>10:30am — 12:00pm<br><br>Wednesday Info & Tips:<br><i>Clayton State Nursing<br/>Students Presentation</i><br>12:00 pm— 1:00 pm<br><br>Sarcoidosis Awareness<br>2:00 pm — 3:00 pm | 25<br>Book Club<br>2:00 pm—3:00 pm   | 26<br>Members in Motion Walk w/<br>Kaiser Permanente<br>9:00 am—10:00 am<br><br>Big Splash Pool & Fitness<br>Party<br>1:00 pm |
| 29<br><b>REGISTRATION<br/>BEGINS</b>   | 30<br>Garden Workshop<br>11:30 am—12:30 pm                 |   | <p><b>Center Hours:</b><br/>Mondays 8:00 am — 7:45 pm<br/>Tuesdays — Fridays 8:00 am — 5:00 pm<br/><b>Office#:</b><br/>(770) 477-3499<br/><b>Website:</b> <a href="http://www.claytonseniors.com">www.claytonseniors.com</a></p> |   |